



Nebraska Lutheran Meal Menu

August 15-26, 2016

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Aug		15	16	17	18	19	
B R E A K F A S T		Breakfast Pizza or Cereal/Yogurt Fruit Milk/Juice	Biscuits & Gravy or Cereal/Yogurt Fruit Milk/Juice	French Toast or Cereal/Yogurt Fruit Milk/Juice	Pancakes or Cereal/Yogurt Fruit Milk/Juice	Egg McMuffin or Cereal/Yogurt Fruit Milk/Juice	
L U N C H		Tacos Rice Refried Beans Peaches Salad Bar	Roast Bread Mashed Potatoes Applesauce Carrots Salad Bar	Scalloped Potatoes & Ham Bread Peas Mandarin Oranges Salad Bar	Beef Stroganoff Bread California Blend Pears Salad Bar	Chicken Casserole Bread Broccoli Apricots Salad Bar	
S U P P E R		Pancakes Sausage Patty Apple Crisp	Spaghetti Breadstick Fruit	Popcorn Chicken French Fries Rice Krispies Treat	Hot Dog Green Beans Fruit	<i>Cook's Choice!</i>	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Aug		22	23	24	25	26	
B R E A K F A S T		Egg Tac Go Toast or Cereal/Yogurt Fruit Milk/Juice	Biscuits & Gravy or Cereal/Yogurt Fruit Milk/Juice	French Toast or Cereal/Yogurt Fruit Milk/Juice	Pancakes or Cereal/Yogurt Fruit Milk/Juice	Scrambled Eggs or Cereal/Yogurt Fruit Milk/Juice	
L U N C H		Sloppy Joes Baked Beans Peas Applesauce Salad Bar	Chicken Fajita Refried Beans Peaches Salad Bar	Turkey Bread Mashed Potatoes & Gravy Applesauce Salad Bar	Pork Roast Bread Sweet Potato French Fries Broccoli Apricots Salad Bar	Hamburger Pizza Corn Pears Salad Bar	
S U P P E R		Goulash Bread Cake	Fish Sticks Macaroni & Cheese Fruit	Shepherd's Pie Fruit Cherry Crisp	Grilled Cheese Tomato Soup Green Beans	<i>Cook's Choice!</i>	

~ Milk and bread are served with all meals. ~ This institution is an equal opportunity provider. ~